

EYFS						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	All about my body – naming body parts.	UTW – Learning about others beliefs – Christianity -the Nativity.	All about transport	UTW – Looking after eggs	Staying Healthy – Eating healthily.	UTW – Looking after Caterpillars
	Staying healthy – eating and hygiene			UTW – How to care for animals – chickens.		
	Community – Myself and my family.					
	Relationships – Modelling of What it is to be a good friend all year.					
	Zones of regulation – Understanding my feelings all year.					
Online safety – See computing overview.						
Reception	Community	UTW – Begin to understand the need to look after the environment.	PD – Understand the factors that support overall health and wellbeing.	Physical health and mental wellbeing – keeping healthy	UTW – Understand the need to care for the natural world. (caring for a seed/plant)	UTW – Understand the need to respect and care for living things (minibeasts)
	Self regulation – Identify and regulate own feelings.		PD – How to keep your body healthy with diet, exercise and sleep.	Growing up – transitioning to year 1		
	Managing self – To follow rules and understand why they are important.	Physical health – Looking after our teeth.			PSED – How can we help people at home and at school.	
	Building relationships – To build healthy relationships, express feelings and think of perspective of others.		People who help us – uniforms.			
	Self regulation – To see yourself as a valuable individual					
	Online safety – See computing overview.					
Key Stage 1						
Year 1	Community - How has Crisp Street changed over time? Local jobs.	Safe relationships - recognising privacy and seeking permission	Belonging to a community - caring for others' needs	Physical health and mental wellbeing – keeping healthy	Growing and changing - naming body parts	Strengths and interests; Jobs in the community

	Families and friendships - good friendships	Anti-Bullying week			What can we do with money? Experian – do the right thing ks1	
					Sugar Smart	
	Online safety – See computing overview.					
Year 2	Community - How do the emergency services keep us safe in the 21 st century?	Safe relationships - bullying	Belonging to a Community -Being the same and different in the community	Physical health and mental wellbeing - what affects feelings and expressing feelings	Growing and changing - naming body parts	Keeping safe - safety in different environments
	Families and friendships – good friendships	Anti-Bullying week			Sugar Smart	
		Online safety – See computing overview.				
Lower Key Stage 2						
Year 3	Community –Why is my school so special?	Different jobs and skills; job stereotypes; setting personal goals	How do our bodies work so effectively?	Physical health and mental wellbeing - what affects feelings and expressing feelings	Growing and changing - positive sense of self	Keeping safe - safe and unsafe touch and risks and hazards
	Families and friendships - what makes a family?	Anti-Bullying week			Sugar Smart	
		Online safety – See computing overview.				
Year 4	Community - What is the significance of the Tower of London?	Safe relationships - positive relationships	Belonging to a Community – Community responsibilities.	Physical health and mental wellbeing - good hygiene	Growing and changing - physical and emotional changes in puberty	Keeping safe - medicines and household products and drugs common to everyday life
		Anti-Bullying week			Why do humans explore?	
					Sugar Smart	
		Online safety – See computing overview.				
Upper Key Stage 2						
Year 5	Families and friendships - managing friendships and peer influence	Safe relationships - physical contact and feeling safe	Belonging to a Community - protecting the environment	Physical health and mental wellbeing - medicines, vaccinations, immunisations and allergies	Sugar Smart	Keeping safe - keeping safe in different situations, including responding in emergencies and first aid
		Anti-Bullying week				

	Community – Why was the Docklands so important to global trade?	Identifying job interests and aspirations; what influences career choices; workplace stereo- types	How can we make the world a better place to live?		Growing and changing - self-esteem and resilience	Does technological advancement always mean progress?
	Online safety – See computing overview.					
Year 6	Community - What is the significance of the Poplar Rates Rebellion?	Influences and attitudes to money; money and financial risks	Belonging to a Community - challenging discrimination and stereotypes	Physical health and mental wellbeing - managing change, loss and bereavement and transitioning to secondary school	Sugar Smart	
					Keeping safe - regulations and choices; drug use and the law/ media	
	Families and friendships - attraction to others, romantic relationships, civil partnership and marriage	Anti Bullying week			What is the rich history of migration within Tower Hamlets?	
	Online safety – See computing overview					
Health & Wellbeing		Living in the Wider World		Relationships		Online Safety