

CONTRACT CATERING SERVICES LUNCH MENU oct 2023 - Apr 2024

Friday

'Favourites'

Crispy Bubble Pollock

or Bubble Salmon Fillet

with Chips

Vegetable Fingers with

Chips & Homemade

Tomato Sauce

Peas & Baked Beans

Crunchy Coleslaw

Fruit Salad with Yoghurt



DAILY OPTIONS - Daily Salad / Fresh Bread / Seasonal Fresh Fruit Platter / Organic Yoghurts

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Week 2	Monday 'Planet Earth Day'	Tuesday 'Street Food Day'	Wednesday 'Traditional Day'	Thursday French	Friday 'Favourites'
Dates	06 Nov - 20 Nov - 04 Dec - 18 Dec - 01 Jan - 15 Jan - 29 Jan - 12 Feb - Feb - 11 Mar - 25 Mar - 8 Apr				
Main	Macaroni Cheese	Curried Beef Meatballs with Savoury Rice	Roast Chicken & Potatoes with Yorkshire Pudding & Gravy	Beef Bourguignon with Rice	Cod Fish Fingers & Chips
Vegetarian	Jacket Potato with Quorn Bolognaise	Vegan Spicy Chicken Style Strips & Sweet Chilli Sauce Wrap with Baked Potato Wedges	Vegetable Hotpot with Roast Potatoes & Gravy	Spinach, Pepper & Caramelised Onion Quiche with Provencal Potato	Cheese, Leek & Potato Pasty with Chips
On the side	Sauteed Leeks & Sweetcorn	Curried Roasted Cauliflower & Peas	Broccoli & Carrots	Ratatouille & French Beans	Peas & Baked Beans
Salads	Carrots & Cucumber Ribbons	Asian Noodle Salad	Chef's House Salad	Macedoine of Vegetable Salad	Crunchy Coleslaw
Dessert	Cheese and Crackers with Grapes & Apple Wedge	Fruity Yoghurt Bar	Fruity Yoghurt Crunch	Yoghurt with Cinnamon & Vanilla Pear	Fruit Salad with Yoghurt

DAILY OPTIONS - Daily Salad / Fresh Bread / Seasonal Fresh Fruit Platter / Organic Yoghurts

Please Note that some dishes maybe subject to local changes to suit individual school needs



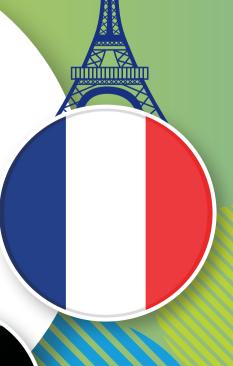


FRENCH COOKING

Macedoine is a French cooking term for a mixture of chopped vegetables.

Beef Bourguignon is a French stew made with beef, mushrooms and onions.





IMPORTANT INFORMATION:

Every effort is made to minimise risk of cross-contamination. However, it should be noted that our food is prepared in a kitchen where known allergens may be present and therefore the risk of cross-contamination remains a risk. Please ask staff for further details regarding specific dietary requirements and/or allergens.



