

# Active Together

**10 WEEK FAMILY ACTIVITY SESSIONS  
STARTING FROM 20TH OF JANUARY 2020  
AT LANSBURY LAWRENCE SCHOOL**

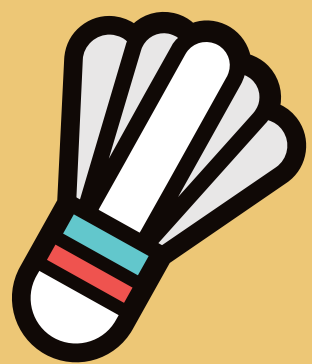
- Weekly Sessions from 3.30 - 4.45
- Families with children in primary school and their siblings welcome
- Fun activities, knowledge share and lifestyle advice
- Adults and children join activities together
- Improve health, happiness and fitness
- Have fun and learn new things

Interested?

**Contact:**

0208 709 9705

[jolanda.gjoni@bbbc.org.uk](mailto:jolanda.gjoni@bbbc.org.uk)



**Active Together**  
Family sport & physical activity



**SPORT ENGLAND**